

emma's revolution/Pat Humphries & Sandy O PO Box 244, Mt. Rainier, MD 20712 917-414-0287 www.emmasrevolution.com

emma's revolution Workshop Information

"Nobody teaches songwriting better than Sandy O and Pat Humphries. They kickstart the beginner, challenge the veteran, and inspire personal expression. I'm pretty sure they could squeeze a good song out of a grapefruit."--Award-winning, Canadian performer Debbie Carrol

"Pat and Sandy are consummate crafters of songs: songs of deep emotion, songs with power and drive, and songs imbued with hope. At Augusta this year they shared a lot of their own music, but they also put real energy into fostering other folks' ability to craft lyrics, melody, and structure. Their students ranged from mid-teens to mid-life, and all of them got charged up and wrote great songs!"--Flawn Williams, Coordinator, Vocal Week at the Augusta Heritage Center

"Thanks so much for the great music and workshops at Michigan. The Discovering Harmonies workshop was particularly delightful, great fun for all levels of musical ability"--Rissa, workshop participant

Workshop Descriptions:

"Songwriting from the Inside Out"

Have you ever wondered what your own songs would sound like? Or are you ready to take your songwriting to a deeper level? Explore the craft of songwriting with warm-up and creativity exercises that will cultivate a playful relationship with words and melody and help you to be open to your songs. Bring a pen/pencil and paper, a recording device, etc.

"Keep on Singing Loudly": The Power of Politics and Song

How has music informed and propelled social justice movements of the past? What's happening now? How can we use music to fuel today's progressive movements for peace, workers' rights, the environment, etc.? Learn, discuss and sing together.

Active Harmony

Your voice is a tool for social change! Explore keys to vocal empowerment, plus the relationship between finding or strengthening our voices and tapping into the power of community and movements for social justice. Expand your knowledge or come as a beginner as we learn, discuss and sing together.

Finding Harmony

Expand your knowledge or come as a beginner and experience creative harmonizing. We'll explore breathing, vocal warm-ups and, that old time-honored tradition, listening.

How Can I KEEP . . . Singing: Secrets of a Healthy Voice

Learn gentle exercises and tips to warm up your voice, extend your range and develop and maintain a healthy voice.